



# TRAINING BROCHURE

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SUPPORTING SURVIVORS OF SEXUAL VIOLENCE AND ABUSE  
ACROSS NORTH STAFFORDSHIRE & ENVIRONS

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## Introduction

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Drawing on over 37 years of experience of working within the field of sexual violence and abuse, Savana provides a full CPD Accredited Training suite to meet your business needs.

### **Did you know that...**

20% of women and 4% of men have experienced some type of sexual assault since the age of 16, this equates to 3.4 million females and 631,000 male victims.

**Are you confident in providing high quality, safe & effective support to those who may have been affected?**

Savana is a CPD Accredited Training Provider meeting the required Continuing Professional Development Standards and Benchmarks.





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

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CPD:

6 CPD hours / points

## **Responding to Disclosure**

This training course will explore what constitutes sexual violence and how to manage and deal effectively with disclosure; including identifying local sources of help. The session is aimed at anyone who may have to deal with disclosure during the course of their work.

Feedback: "Amazing training, very moving and very important".





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

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CPD:

6 CPD hours / points

## Trauma Informed Practice

A unique insight into Trauma Informed Practice, what it is and the significance of complex mental health associated with trauma. Working with "what happened to you?" not "what is wrong with you?" This training day is aimed at anyone who may be working with complex trauma.

Feedback: "I feel like I took so much away from the training and have a wider understanding which will positively influence my future work".





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

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CPD:

6 CPD hours / points

## **Adult Survivors of Child Sexual Abuse**

An exceptional insight into theory around Adult Survivors of Child Sexual Abuse including the 'Victim to Perpetrator Cycle' and effectively working with survivors'. This training is aimed at anyone who may be working with Adult Survivors of Child Sexual Abuse.

**Feedback: "A\* training, all aspects relevant and helpful with up-to-date information".**





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

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CPD:

6 CPD hours / points

## Adult Healthy Relationships

A comprehensive look at adult healthy relationships with an emphasis on the changing aspects and dynamics including unhealthy and toxic relations. This training is aimed at those working with vulnerable adults.

Feedback: "Extremely informative and eye opening, better understanding on how things can become toxic quickly".





Study Method:

Online or Face to Face

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Duration:

Full Day (4 hours)

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CPD:

4 CPD hours / points

## **Sexual Violence within Domestic Violence**

This course explores what constitutes sexual violence within domestic violence, including attitudes, values and beliefs surrounding this issue and more importantly the effects on victims and survivors. This training is aimed at those working with survivors.

**Feedback: "Excellent and well presented course.  
Extremely interesting and exceptionally  
informative".**





## **ADDITIONAL CPD ACCREDITED COURSES AVAILABLE FROM SAVANA.**

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- ABUSE LINKED TO WITCHCRAFT & SPIRIT POSSESSION
- ANXIETY
- AWARENESS OF THE EFFECTS OF SEXUAL VIOLENCE
- CHILD SEXUAL EXPLOITATION
- DEPRESSION
- DIVERSITY & INCLUSION
- FEMALE GENITAL MUTILATION
- FORCED MARRIAGE
- GANGS & SEXUAL VIOLENCE
- HARMFUL SEXUAL BEHAVIOUR
- HEALTH IMPLICATIONS FOR SEX WORKERS & SEXUAL VIOLENCE
- HONOUR RELATED VIOLENCE
- LETS PLAY
- LOOKING GOOD- FEELING GREAT
- ON THE ROCKS & MINI ME - THE INNER CHILD
- RESILIENCE & SELF CARE
- SEXUAL VIOLENCE HEALING & JUSTICE
- STEALTHING AND CATFISHING
- VICARIOUS TRAUMA
- WORKING WITH CHILDREN
- 8 WEEK COURSE - AWARENESS OF THE EFFECTS OF SEXUAL VIOLENCE

View our full range of CPD accredited courses here:  
<https://cpduk.co.uk/providers/savana>

# PRICING STRUCTURE

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## Session Type: Off-the-Shelf

Rate: Businesses & Charities

Rate	Full Day (per person)	Half Day (per person)
Businesses	£110	£55
Charities	£80	£40

## Session Type: Bespoke/ Tailored

Rate: Businesses & Charities

Rate	Full Day (per person)	Half Day (per person)
Businesses	£150	£75
Charities	£100	£50

If you have any specific requirements or limited budget, do not hesitate to get in touch to discuss.



## CONTACT US

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For more information about Savana training, please feel free to contact the training office via:

**learning@savana.org.uk**

**01782 433205**

**www.savana.org.uk**

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Follow us on Social Media @SavanaStoke



View our full range of CPD accredited courses here:

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Charity Number 1148466 | Company Number 08128653



## CPD Explained

CPD stands for Continuing Professional Development and is the term used to describe the learning activities professionals engage in to develop and enhance their abilities.

CPD enables learning to become conscious and proactive, rather than passive and reactive. CPD is the holistic commitment of professionals towards the enhancement of personal skills and proficiency throughout their careers.

CPD combines different methodologies to learning, such as training workshops, conferences and events, e-learning programs, best practice techniques and idea sharing, all focused for an individual to improve and have effective professional development.

