



# TRAINING BROCHURE

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SUPPORTING SURVIVORS OF SEXUAL & DOMESTIC VIOLENCE  
AND ABUSE ACROSS NORTH STAFFORDSHIRE & ENVIRONS

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## INTRODUCTION

Drawing on over 35 years of experience of working within the field of sexual and domestic violence and abuse, Savana provides a full CPD Accredited training suite to meet your business needs.

### **Did you know that...**

20% of women and 4% of men have experienced some type of sexual assault since the age of 16, this equates to 3.4 million female and 631,000 male victims.

**Are you confident in providing high quality, safe & effective support to those who may have been affected?**

**A CPD Accredited Training Provider meeting the required Continuing Professional Development Standards and Benchmarks.**





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

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CPD:

6 CPD hours / points

**Feedback: "Amazing training, very moving and very important".**



# Responding to Disclosure

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This training course will explore what constitutes sexual violence and how to manage and deal effectively with disclosure; including identifying local sources of help. The session is aimed at anyone who may have to deal with disclosure during the course of their work.





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

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CPD:

6 CPD hours / points

**Feedback: "I feel like I took so much away from the training and have a wider understanding which will positively influence my future work.**



# Trauma Informed Practice

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A unique insight into Trauma Informed Practice, what it is and the significance of complex mental health associated with trauma. 'Working with what happened to you? Not what is wrong with you? This training day is aimed at anyone who may be working with complex trauma.





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

---

CPD:

6 CPD hours / points

**Feedback: A\* training, all aspects relevant and helpful with up-to-date information**





# Adult Survivors of Child Sexual Abuse

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An exceptional insight into theory around Adult Survivors of Child Sexual Abuse including the 'Victim to Perpetrator Cycle' and effectively working with survivors'. This training is aimed at anyone who may be working with Adult Survivors of Child Sexual Abuse.





Study Method:

Online or Face to Face

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Duration:

Full Day (6 hours)

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CPD:

6 CPD hours / points

Feedback: "Extremely informative and eye opening,  
better understanding on how things can become  
toxic quickly."



# Adult Healthy Relationships

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A comprehensive look at adult healthy relationships with an emphasis on the changing aspects and dynamics including unhealthy and toxic relations



# PRICING STRUCTURE

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## Session Type: Off-the-Shelf

Rate for charities and organisations with an annual income under £1m

*(Prices listed are per person)*

Rate	Full Day	Half Day
Full price	£150	£75
Subsidy price	£80	£40

If you have any specific requirements or limited budget, do not hesitate to get in touch to discuss.



# PRICING STRUCTURE

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## Session Type Bespoke/ Tailored

### Rate for Charities and organisations with annual income over £1m

*(Prices listed are per person)*

Rate	Full Day	Half Day
Full price	£180	£90
Subsidy price	£110	£55

If you have any specific requirements or limited budget, do not hesitate to get in touch to discuss.



# CONTACT US

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For more information about Savana training, please feel free to contact the training office via:

**learning@savana.org.uk**

**01782 433205**

**www.savana.org.uk**

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Follow us on Social Media @SavanaStoke



View our full range of CPD accredited courses here:

<https://cpduk.co.uk/providers/savana>

Charity Number 1148466 | Company Number 08128653



## CPD Explained

CPD stands for Continuing Professional Development and is the term used to describe the learning activities professionals engage in to develop and enhance their abilities.

CPD enables learning to become conscious and proactive, rather than passive and reactive. CPD is the holistic commitment of professionals towards the enhancement of personal skills and proficiency throughout their careers.

CPD combines different methodologies to learning, such as training workshops, conferences and events, e-learning programs, best practice techniques and ideas sharing, all focused for an individual to improve and have effective professional development.



## **DO YOU KNOW SOMEONE WHO NEEDS SUPPORT?**

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**Call** 01782 433204 | **Email** [info@savana.org.uk](mailto:info@savana.org.uk)

**Visit** [www.savana.org.uk](http://www.savana.org.uk)